



**Our Purpose: *To provide information and resources for children & adults with different abilities living in Kitsap County.***

Hello to Everyone!

Well, Spring has sprung in a windy, wet way, I hope everyone is staying warm and dry. April is Autism Awareness Month, so we salute our friends and families in the Autism Community!

As the new Kitsap County Parent Coalition (KCPC) Coordinator, I am looking forward to meeting many of you in the months to come. I am the mother of five, with 27 year old twin sons with autism, and have spent the last 23 years publicly advocating for our developmentally disabled community at the county, state, and federal levels.

We are going to have a topic or speaker at each Parent Coalition meeting, so if you have a presenter or idea you would like to have addressed, please feel free to send me a suggestion. I would also like to have a monthly "Spotlight" piece, where we get to know an individual from the community, so if you would like to have your child participate please send me an email and I will put them on the list.

I look forward to serving as your information and resource for Kitsap County, and hope to reach out to all families, individuals, and community members caring for children and adults with different abilities.

**Important Note:** Please check out the Community Summit and IFS waiver items in this newsletter, these are time sensitive and very important for our families!

See you soon,

Melissa Lund

Kitsap County Parent Coalition Coordinator

[Melund@wa.easterseals.com](mailto:Melund@wa.easterseals.com)

Silverdale: 360-373-2502, ext. 100

Port Orchard: 253-857-2108

C: 360-710-5389



## **INDIVIDUAL & FAMILY SERVICES (IFS) WAIVER SIGNUP STILL AVAILABLE!**

--The IFS Waiver helps support families who have a member with a developmental disability who is 3 years or older, by providing a choice of services to help maintain and stabilize the family unit.

--You may be eligible to receive many services:

- \*Respite Care      \*Nursing Services      \*Assistive Technology
- \*Behavior Support    \*Physical, Occupational, & Speech Therapy
- \*Community Engagement Support    \*Supported Parenting Services
- \*Therapeutic Equipment & Supplies    \*Transportation

---And many more.....

--There are still openings available through June, to read more about the IFS waiver, go to [www.dshs.wa.gov/dda/consumers-and-families/individual-and-family-services-waiver](http://www.dshs.wa.gov/dda/consumers-and-families/individual-and-family-services-waiver), or [www.informingfamilies.org/ifs-waiver-services](http://www.informingfamilies.org/ifs-waiver-services).

--You can also call 1-800-735-6740.

### **--Community Meetings/Events--**

#### **Kitsap County Parent Coalition Parent Support Meeting**

--A support meeting for parents and family members of persons with disabilities, very informal, with a different topic or speaker each month. Light luncheon provided, please RSVP if possible.

**Where:** Olympic Educational Service District (OESD) #114  
105 National Ave. N., Bremerton, 98312

**When:** Thursday, May 4<sup>th</sup>, topic TBD  
Thursday, June 8<sup>th</sup>, topic TBD

**Time:** 11 AM to 1 PM

**Contact:** Melissa Lund, [mlund@wa.easterseals.com](mailto:mlund@wa.easterseals.com)  
360-373-2502, ext.100

#### **Kitsap Accessible Family Events @ The Movies**

--Lights dimmed, sound turned down, usual movie restrictions are not enforced.

**When:** Saturday, April 15th—Smurfs; The Last Village

Saturday, June 3rd—Captain Underpants

**Where:** SEEFilm Theater, 655 4<sup>th</sup> St., Bremerton, 98337

**Time:** Doors open at 9:30 AM, movie starts at 10 AM

**Cost:** Free, 1 caregiver ticket per special needs child. (children 3 yrs. & under are free, Children 3 yrs. and above are \$5.00 per ticket.

**Questions:** [sensoryfriendlyevent@gmail.com](mailto:sensoryfriendlyevent@gmail.com) or 360-990-7001

#### **Our Goal:**

***To get parents & families connected with the appropriate resources and services available in our community, and offer opportunities for networking, training, and education.***



**Arc Parent Caregivers of Adult Children w/DD Meeting**

--Support for the unique issues associated with caring for an adult child with disabilities

**When:** Tuesday, April 25<sup>th</sup>, topic TBD

**Where:** The Arc of Kitsap & Jefferson County, 3243 Perry Ave., Bremerton, 98310

**Time:** 11 AM to 1 PM

**Contact:** Amanda Smith, P2P Coordinator [asmith@arckj.org](mailto:asmith@arckj.org)



**Special Education Parent/Professional Advisory Council (SEPAC) Meeting**

**Where:** Central Kitsap Middle School, 10130 Frontier Pl. NW. Silverdale, 98383

**When:** Thursday, April 13

**Time:** 6:30—8:00 PM

**Topic:** *Augmentative and Alternative Communication (AAC), from Low Tech to High Tech—Ellen Norris, SLP, CK School District*

**Contact:** Jana Hertzberg Parent Co-Chair, [Jhertzberg@comcast.net](mailto:Jhertzberg@comcast.net)



**YMCA Silverdale---Special Needs Adaptive Programming (SNAP) Program**

---SNAP is designed for individuals with special needs, that helps promote confidence, independence, and responsibility, and socialization, while nurturing a healthy and active lifestyle.

**Where:** Haselwood YMCA, 3909 NW Randall Way, Silverdale, WA 98383

**When:** Mondays & Wednesdays

**Time:** 2:00--3:00 PM

**Contact:** Kim Rose, [krose@ymcapkc.org](mailto:krose@ymcapkc.org) or 36-307-4006



**--Coming Events/Conferences--**

**STEM Showcase 2017**

--Career Connected learning, experiments, science, electronics, robotics, technology, computers, solar power, and more! Dozens of free hands-on activities for all ages.

**Where:** Kitsap Mall, Silverdale

**When:** Saturday, April 22nd

**Time:** 10 AM—3 PM

**Contact Details:** [www.westsoundstem.org](http://www.westsoundstem.org)



### **The Kitsap Great Give 2017 Is Here!**

*--The Kitsap County Great Give is 24 hours of online giving where you can donate to as many nonprofits as you like in a single transaction. This Year's goal is to raise at least \$1.75 million for local nonprofits.*

**Minimum Donation: \$10**

**When:** Tuesday, May 2<sup>nd</sup>, from 12:00 AM to 11:59 PM (Bonus: starting 2 weeks before May 2, you can also preschedule your donation so that it will automatically be charged to your credit card on May 2, without you having to do a thing!)

**More Info/rules/FAQs/list of organizations: [www.kitsapgreatgive.org](http://www.kitsapgreatgive.org)**

*--"Offline" donations by check can be made, but they must be payable to Kitsap Community Foundation (send a note letting them know which organization you prefer your money to go to) and received by noon on Tuesday, May 2.*



### **Infant & Early Childhood Conference 2017**

*--The IECC Conference is a three day statewide conference that provides the opportunity for families and service providers to come together to learn, share, and advocate on behalf of all young children, especially those with developmental delays, disabilities, and/or special health care needs.*

**When:** May 3-5<sup>th</sup>, 2017

**Where:** Greater Tacoma Convention Center

**Information/Registration: [www.ieccwa.org/2017](http://www.ieccwa.org/2017)**



### **COMMUNITY SUMMIT—WENATCHEE 2017—IMPACT OUR FUTURES!**

*--A positive future relies on actions that engages each other, invests in building inclusive communities, and innovates from hope and possibility.*

***Our individual and collective actions Impact Our Futures.***

**When:** June 13<sup>th</sup>---15<sup>th</sup>, 2017

**Where:** Wenatchee Convention Center, 121 N. Wenatchee Ave., Wenatchee, WA

**Website/Registration/Questions: [www.cvent.com/events/community-summit-2017](http://www.cvent.com/events/community-summit-2017)**

**Scholarships Available!** When registering, click on "summit scholarship" and start filling in the registration form, be sure to self-identify as "parent/family member" or "guardian." Remember to click on "Kitsap" in the part that asks "which county you are requesting a scholarship from?"

**Information/Registration: Important!!!: Scholarship slots are limited, so please notify the Parent Coalition Coordinator, Melissa Lund, (contact info above) if you are applying for a scholarship, so she can keep an accurate tally for Kitsap County.**



**Community Links to Resources for Individuals & Families:**

**--Informing Families, Building Trust:** [www.informingfamilies.org](http://www.informingfamilies.org)

**--Disability Rights of WA (DRW):** [www.disabilityrightswa.org](http://www.disabilityrightswa.org)

**--Summer Camps Info:** [www.cshcn.org/resources-contacts/summer-camp-directory](http://www.cshcn.org/resources-contacts/summer-camp-directory) -or- [www.seattlechildrens.org/pdf/summer-camps-for-children-with-autism](http://www.seattlechildrens.org/pdf/summer-camps-for-children-with-autism)

**--Down Syndrome Support Group of Kitsap Peninsula:** [theupside@comcast.net](mailto:theupside@comcast.net)

**--Autism Self-Advocacy Network (ASAN):** [www.autisticadvocacy.org](http://www.autisticadvocacy.org)

**--The Arc dances & class information:** [www.arckj.org](http://www.arckj.org)



***Kitsap County Parent Coalition Website and Facebook will be updated soon--Stay Tuned!!***